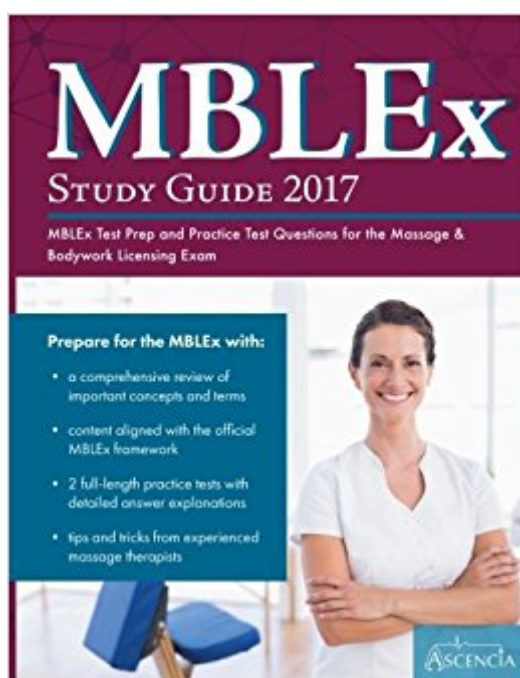


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# MBLEx Study Guide 2017: MBLEx Test Prep And Practice Test Questions For The Massage & Bodywork Licensing Exam



## Synopsis

Ascencia Test Prep's study guide, *MBLEx Study Guide 2017: MBLEx Test Prep and Practice Test Questions for the Massage & Bodywork Licensing Exam* is a comprehensive book offering readers a full review of the subject matter covered on the MBLEx exam, test tips and strategies, real-world examples, and worked through practice problems. Ascencia's MBLEx book covers:

- The Foundation of Massage
- State Licensing
- The History of Swedish Massage
- Swedish Massage: Skills and Modalities
- Ethics
- The Role of Ethics
- Relationship between Therapist and Client
- Scope of Practice
- Professional Communication
- Professional Practice
- HIPAA and Confidentiality
- Client Records
- Equipment and Supplies
- The Therapist
- Growing and Maintaining a Business
- Anatomy and Physiology
- The Twelve Human Systems and Their Functions
- Energy Body
- The Meridians
- Kinesiology
- Pathology and Contraindication
- Pathology
- Contraindication
- Massage and its Benefits
- The Benefits of Touch
- Massage Modalities
- Hydrotherapy (Hot and Cold Therapies)

Ascencia's MBLEx study guide also includes two full MBLEx practice tests, ensuring that readers will be prepared come test day.

About Ascencia Test Prep

With healthcare fields such as nursing, pharmacy, emergency care, and physical therapy becoming the fastest and largest growing industries in the United States, individuals looking to enter the healthcare industry or rise in their field need high quality, reliable resources. Ascencia Test Prep's study guides and test preparation materials are developed by credentialed, industry professionals with years of experience in their respective fields. Every Ascencia book includes a comprehensive overview of the content knowledge that will be tested, along with practice questions for each section to enhance understanding. Full practice tests at the end of every book accurately reflect the exam, helping test takers determine if they are thoroughly prepared. Additionally, all Ascencia study materials offer exclusive tips from healthcare professionals to help readers thrive in their field beyond test day. Ascencia recognizes that healthcare professionals nurture bodies and spirits, and save lives. Ascencia Test Prep's mission is to help healthcare workers grow.

## Book Information

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## Customer Reviews

Thanks!

Loved it, Fast shipping and this will help me study for the exam!

I'm conflicted about this book. It's a good book, but it's really overwhelming at times. There aren't many photos, and there are errors on the few photos in the book, like mislabeling the radius as the ulna and vice versa, and sternum as ribs. There are some misspelled words too, like "cervicis" spelled "cervisis." The practice tests aren't bad, but it's weird how the answer to a question is listed right after the question. There's no index to help you find info too. There's a lot of good info in the book, especially in regards to ethics. So like I said, it's a good book, but it has some issues.

A reasonable overview of test content if you are already well prepared. The included tests are very similar to each other.

Ok book. However quiet many mistakes see attached pictures.1) Medial/ Lateral epicondylitis are mixed up2) Deltoid and Pec Major is not a synergist muscle to the Bicepce in elbow flexion. They have not much to do with the elbow3) this i am confused why lymphedema is a total or absolute contraindication for massage - couldnt u use a lymph drainage massage if u were quified?

This fantastic test prep and Practice test questions for the Massage & Bodywork Licensing Exam will help you pass the certification test. It includes two full-length practice tests with detailed answers and explanations. It also includes help from experienced massage therapists. The chapters included are:1. The Foundation of Massage2. Ethics3. Professional Practice4. Anatomy and Physiology5. Pathology and Contraindication6. Massage and its Benefits7. Practice Test One with Answer key8.

Practice Test Two with Answer key You went to massage school, now in order to get your license you will need to pass the Certification test. The test itself is two hours and this booklet gives you what will be on the test and two complete practice tests to fully prepare you for the test. This is a great guide to supplement your training and if you use this, you should have no problem passing the test and making your dream come true. I received this book from the publisher to test and review the information. I decided on my own, to review this on . I highly recommend this for anyone studying for the Massage and Bodywork Licensing Exam Certificate.

Concise and well written are two things I look for in a study guide and this fits that description. This guide was written to help prepare for MBLEx certification. All the concepts are fully explained in language that the reader can utilize and understand- not too complex but not too simple. It explains the different examinations and certifications available as the pros and cons of each, which is a nice feature. I feel that it really gets you a good grasp on things and gets you well prepared for the test. The only negative I have found this far is that I am a more visual learner, as I know others are as well. There are not as many pictures to supplement the text as I like - and those that are included are black and white. May not be a big concern of some people, but it would make it nicer to study from and help me remember the necessary information in the future. Overall however, I am happy with this study guide. I would recommend this to anyone studying for certification.

This was a very comprehensive guide for anyone looking to take this exam. In going through the book I was impressed with what you were getting for the money. Not only are you getting the materials as specified within the book itself, but there are online supporting materials that are also offered that continue to offer value beyond what you get in the text. The book is loaded with sample test questions which allows you to practice thoroughly and the format of the book was intuitive and well laid out for easy study. For someone that may not be able to afford a test preparation course this is definitely a great option that could really assist and even taking the practice test at the end of the guide will open your eyes to what is expected!

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